



APPENDIX 3

National Road Traffic Collision & Trauma Challenge 2024
 Mullingar Fire Station, Co Westmeath Ireland - Saturday 11 May 2024

Rescue Organisation Ireland - CFR Challenge 2024

Team Name	Pit number.	Start Time	Time: 6 min	
Info given to medics. (you are called to unresponsive male)			B/E/T	Score
Patient will present as unresponsive, no breathing, no pulse.				
1	Scene Safety			
2	Checks whether the patient is responsive.			
3	Opens the patient's airway.			
4	Checks for breathing and pulse for 10 seconds			
5	Calls out for help/call 112 or 999/ request AED.			
6	Start compressions fast.			
7	Good position of medics			
8	Check Airway, measure correct OPA and insert.			
9	AED arrives at 2 min. AED on and placed in good position.			
10	Clear patient's chest timely.			
11	Left and Right AED pads in the correct position.			
12	Request ALS.			
13	Compressions continue until pads are in place.			
14	Ensures Operator/Bystander safety throughout AED use.			
15	Shock Delivered safely when indicated by the AED.			
16	Medics switch during AED analysing.			
17	Immediately restarts Compressions.			
18	Minimal interruptions in compression			
19	Request other information from bystanders or patient assessment.			
20	Q-CPR score taken from screen.		*****	
21	1 shock over 5 min = 1 point , 2 Shocks over 5 mins = 2 points			
Assessors notes:				
B/E/T	Basic= 1 points. Efficient = 2 points. Thorough = 3points. QCPR starts on 1st compression.			
Assessor Name:			Assessor Signature:	